

Itinerary The Land of Senses



Duration : 7 Days - 6 Nights.

Dates

Number of participants

IMPORTANT NOTES

Including

6 nights of accommodation in double occupancy.

6 breakfasts.

5 lunches.

5 dinners.

Transfer to the city where the airport is located.

Internal transfers.

Bilingual Tour Leader.

Entrance fees and materials for all activities.

Balance in the Itinerary: Considering the distance between the different activities and the location of the hotel (4 km from the city), managing a lot of idle time is not very feasible.

Group Accommodation: We will use a large lodge located in the middle of the cloud forest, isolated from the city. Guests will be accommodated in double occupancy.

Hour

In Route to Happiness

Day 1

08:00 AM : Pick up at agreed location and transfer to MonteVerde.

12:00 PM : Lunch not included.

02:00 PM : Check-in Hotel.

03:00 PM : Welcome event.

04:00 PM : TFree time to settle in, exploring the hotel trails.

07:00 PM : Dinner.

Hour

Joy in Spontaneity and Uncertainty

Day 2

06:00 AM : Yoga.

07:30 AM : Breakfast.

08:30 AM : Horseback Riding & Hot springs

12:00 PM : Lunch.

02:00 PM : Awakening our senses through plastic arts.

04:00 PM : Feedback activity by Tour Lider.

04:00 PM : Free time (dinner is not included).

10:00 PM : Pick up at agreed location and transfer to the hotel.

Day 3

Hour

Joy in Simplicity

- 06:00 AM** : Contemplation and Gratitude Session.
- 07:30 AM** : Breakfast.
- 08:30 AM** : Journey through life, a walk through the tops of the trees.
- 12:00 PM** : Lunch.
- 12:00 PM** : You can take an additional tour, options available.
- 06:00 PM** : Nighth Walk.
- 08:00 PM** : Dinner and ending of the day.

Day 4

Hour

Joy in the Present

- 07:30 AM** : Breakfast.
- 08:30 AM** : Sensory journey - Let's walk with intention.
- 12:00 PM** : Lunch.
- 02:00 PM** : Time for participants to prepare the activity of the dinner.
- 03:00 PM** : Contemplation activity.
- 07:00 PM** : Shares Dinner.
- 09:00 PM** : Ending of the day.

Day 5

Hour

Joy in the Unfinished

- 06:00 AM** : Contemplation time.
- 07:30 AM** : Breakfast.
- 09:30 AM** : Let's learn about Monteverde.
- 12:00 PM** : Lunch (what was cooked).
- 02:00 PM** : Plastic arts workshop.
- 07:00 PM** : Dinner and Feedback.

Day 6

Hour

Joy in the Present Moment

- 06:00 AM** : Taichi.
- 07:30 AM** : Breakfast.
- 09:00 AM** : Volunteer services in a Monteverde community.
- 12:00 PM** : Lunch - Afternoon: to rest
- 06:00 PM** : Dinner and closing cultural activity.

Day 7

Hour

Joy for the Future

- 07:30 AM** : Breakfast.
- 08:30 AM** : Hotel Check out. Departure to the airport.
- 12:00 PM** : Lunch (not included)

Description

In a realm between the earthly and the divine, exists a goddess called Seraphina, the Sensory Enchantress. Guardian of senses, teacher of illusions and conductor of emotions. Seraphina has lived for centuries, but her youthful spirit remains vibrant, as she revels in the magic that permeates the world around her.

Seraphina resides in a secluded sanctuary, where the warmth of the waters and soothing steam create a sublime atmosphere. Her home is adorned with luminescent crystals that shine in harmony with the moonlight. A majestic horse named Luna is her trusted companion, and together they wander the mystical landscapes, spreading enchantment wherever they go.

It is during the full moon that Seraphina's powers are their peak. The moonlight acts as a conduit for her abilities, allowing her to weave intricate spells that heighten the senses of those lucky enough to encounter her. Under the glow of the moon, she rides Luna through fields filled with fireflies, whose flickering lights blend perfectly with celestial glow.



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